

## Sample Tool to Identify a Suspected Concussion

This sample tool is to be completed by school staff and shared with parents/guardians after a concussion-related incident has been observed and/or reported.

## Step 1: Check for red flags. (Check all that apply.)

If red flags are identified call 911 immediately.		
O Increased confusion or deteriorating conscious state (becoming less responsive, drowsy)		
O Increasingly restless, agitated, or combative		
O Loss of consciousness or responsiveness		
O Loss of vision or double vision		
O Neck pain or tenderness		
O Repeated vomiting		
O Seizure or convulsion		
O Severe or increasing headache		
O Weakness or numbness/tingling/burning in arms or legs		
O Visible deformity of the skull		

Step 2: Check for visible clues (signs) and symptoms, and conduct a quick memory assessment.

Zā.	visible clues (signs) (Check all that apply.)
0	Dazed, blank, or vacant look
0	Disorientation or confusion, staring or limited responsiveness, or an inability to respond appropriately to questions
$\bigcirc$	Facial injury
0	Falling unprotected to the playing surface
$\bigcirc$	Lying motionless on the playing surface (no loss of consciousness)
0	Slow to get up after a direct or indirect hit to the head
$\bigcirc$	Unsteady on feet/balance problems or falling over/ poor coordination/ wobbly
2b.	Concussion symptoms (Check all that apply.)
Phy	ysical Symptoms
0	Balance problems
$\bigcirc$	Blurred vision
$\bigcirc$	Dizziness
0	"Don't feel right"
0	Drowsiness
0	Fatigue or low energy
$\bigcirc$	Headache
$\bigcirc$	Nausea or vomiting
0	"Pressure in head"
$\bigcirc$	Sensitivity to light

What field are we playing on today?
What is the name of your Teacher/Coach?
What room are we in right now?
What school do you go to?

## Step 3. Teacher/supervisor/coach observes a suspected concussion-related incident.

Even though no red flags (Step 1), visible clues, or symptoms observed or reported, and the student correctly answered all orientation/awareness questions (Step 2), a concussion is suspected.