

Student Learning Resources

Ontario Health and Physical Education Curriculum

The <u>Ontario Curriculum, Grade 1-8 Health and Physical Education</u> and <u>Ontario Curriculum, Grades 9-12</u>

Health and Physical Education include mandatory learning about concussions as a component of:

- Safety in the Active Living strand across Grades 1 8 and Grades 9 12
- Personal Safety and Injury Prevention in the Healthy Living strand in Grades 3, 8, and 11
- Promoting Healthy Living strand in the Grade 11 Health for Life course

Ophea Student Learning Resources

Two <u>Ophea student learning resources</u> are available through the Ministry of Education's Virtual Learning Environment (VLE). These include:

- Learning About Concussions: Teacher Guide and Lesson for Grade 6
- Learning More About Concussions: Teacher Guide and Lesson for Grade 9

Rowan's Law Day Toolkit for Schools

The <u>Rowan's Law Day Toolkit</u> is intended to support Rowan's Law Day in schools by sparking conversation among students, staff, and community about concussion awareness. The toolkit contains:

- Information about Rowan Stringer and Rowan's Law Day
- A list of concussion awareness activities for schools
- Printable posters
- Ready-to-go social media posts
- Additional resources

Youth Concussion Awareness Network (You-CAN) Resources

The <u>Youth Concussion Awareness Network (You-CAN)</u> is a peer-led initiative created by Holland Bloorview Rehabilitation Institute, the University of Toronto and Parachute. Through You-CAN, secondary school students work together with their peers to share concussion knowledge and resources to help make a difference in their community.