

Concussion Prevention Strategies – Parents/Guardians

Prior to the beginning of the school year; interschool sport season; and/or intramural activity, parent/guardians of students under 18 years of age should be informed of the:

- risks and possible mitigations of the activity/sport;
- dangers of participating with a concussion;
- signs and symptoms of a concussion;
- school board's identification, diagnosis and management procedures;
- activity/sport-specific concussion prevention strategies;
- importance of encouraging the ethical values of fair play and respect for opponents; and
- importance of determining that, when students/athletes are permitted to bring their own protective equipment, it is properly fitted (as per manufacturers guidelines), properly worn, in good working order and suitable for personal use.

Prior to the interschool sports season parent/guardians of students under 18 years of age must (as required by Policy/Program Memorandum No. 158: School Board Policies on Concussion):

- be knowledgeable of the contents of the appropriate [concussion awareness resource](#) provided by the school and to follow instructions to confirm review.
- read the contents of the Parent/Guardian Concussion Code of Conduct provided by the school and to follow instructions to confirm review.