

Concussions

The Concussion Protocol within the Ontario Physical Activity Safety Standards in Education (OPASSE) was updated in September 2025 in partnership with Parachute. The Concussion Protocol has been identified by the Ministry of Education through [School Board Policies on Concussion \(PPM158\)](#) as the minimum standards for risk management practices related to concussion for school boards.

For the purposes of this resource, the Concussion Protocol as outlined in the OPASSE will be referred to as the Concussion Protocol.

The updated Concussion Protocol is based on the most recent research and recommendations of the expert scientific community on concussion, that is, the [Canadian Guideline on Concussion in Sport, 2nd Edition, 2024, Living Guideline for Pediatric Concussion](#); and the [Amsterdam Consensus Statement on Concussion in Sport, 2022](#).

Concussion Protocol

This section includes:

- [Concussion Awareness and Education Strategies](#)
- [Concussion Prevention Strategies](#)
- [Identification of a Suspected Concussion](#)
- [Return to School Plan](#)
- [Return to Learn and Return to Physical Activity Stages](#)