

# Asthma

*Teachers should be familiar with their school board's and school's asthma policy/protocol as per Ontario's **Policy/Program Memorandum (PPM) 161: Supporting Children and Students with Prevalent Medical Conditions (Anaphylaxis, Asthma, Diabetes, and/or Epilepsy) in Schools** and Ryan's Law, 2015 (Ensuring Asthma Friendly Schools).*

This section includes:

- **Asthma Definition and Symptoms**
- **Asthma Medication at School**
- **Exercise-Induced Asthma**
- **Physical Activity and Students with Asthma**
- **Strategies for Managing an Asthma Attack**

For more information and to order resources designed to increase the skills and knowledge of educators about asthma management in schools visit **<https://ophea.net/creating-asthma-friendly-environments>**.