

# First Aid Plan and First Aid Emergency Response

The school/school board's [First Aid Plan](#) and [First Aid Emergency Response](#) must be followed when on school site. When offsite, facilities with a higher standard for first aid emergency response, must be followed.

## First Aid Information

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- The first aid requirements are indicated on the activity pages in the First Aid section.
- For interschool sports Coaches/Designates first aid responsibilities consult [Coaches Responsibilities](#).
- [Universal precautions](#) (for example, using impermeable gloves) must be followed when dealing with situations involving blood and other bodily fluids.
- Here are samples of first aid kit content:
  - [Sample First Aid Kit Content](#) (The first aid kit must be included in a first aid station accessible to the gymnasium.)
  - [Sample Portable Off-Site First Aid Kit Content](#)
  - [Sample Outdoor Education First Aid Kit Content](#)

*For in-school first aid kit content, consult your school board policy.*