

First Aid Plan and First Aid Emergency Response

The school/school board's [First Aid Plan](#) and [First Aid Emergency Response](#) must be followed when on school site. When offsite, facilities with a higher standard for first aid emergency response, must be followed.

First Aid Information

- The first aid requirements are indicated on the activity pages in the First Aid section.
- For interschool sports coaches/designates first aid responsibilities consult [Coaches Responsibilities](#).
- [Universal precautions](#) (for example, using impermeable gloves) must be followed when dealing with situations involving blood and other bodily fluids.
- Here are samples of first aid kit content:
 - [Sample First Aid Kit Content](#) (The first aid kit must be included in a first aid station accessible to the gymnasium.)
 - [Sample Portable Off-Site First Aid Kit Content](#)
 - [Sample Outdoor Education First Aid Kit Content](#)

For in-school first aid kit content, consult your school board policy.