

Safety Considerations for Remote Learning in Physical Education

The Safety Considerations for Remote Learning in Physical Education is not prescriptive in nature, rather, it supports school boards and educators to consider safe remote learning in physical education and potential risks, protective measures and risk treatment strategies associated with COVID-19. As the situation and context for school boards and schools evolve and policies and recommendations are updated, so too will this document (This information represents Ontario's context as of January, 2022).

This section is a supplement to the safety standards already available in Ontario Physical Activity Safety Standards in Education (OPASSE) and provides enhanced safety considerations specific to COVID-19 for remote physical education. To support the implementation of quality physical education during remote learning, school boards and schools are encouraged to review:

- school board policies and procedures related to safety in COVID-19 for physical education, cybersecurity and privacy;
- the Ontario Physical Activity Safety Standards in Education (OPASSE) for the minimum safety requirements in physical education;
- the [**COVID-19 Considerations for Physical Education**](#); and
- this Safety Considerations for Remote Learning in Physical Education section.

Remote learning provides an opportunity for students to continue their learning in the Health and Physical Education curriculum and supports their ability to meet the overall expectations of the curriculum. It is important to adapt the safety practices used at school during Health and Physical Education to a student's remote learning environment as well as consider additional risks that may be present.

This section includes:

- [**Planning Safe Remote Physical Education Programs**](#)
- [**Implementing Safe Remote Physical Education Programs**](#)
- [**Sample S.A.F.E. Student Check-In**](#) and [**Sample S.A.F.E. Student Check-Out**](#)

If you have any questions or require more information please [**contact Ophea**](#).