

# COVID-19 Considerations for Physical Education

This section is a supplement to the safety standards already available in the Ontario Physical Activity Safety Standards in Education (OPASSE) and provides enhanced safety considerations specific to COVID-19 for physical education (additional information regarding physical activities for intramural activities and interschool athletics will follow). To support a safe reopening plan, that includes opportunities for students to participate in physical education, schools are encouraged to review:

- Your school board policies and procedures related to safety in COVID-19 and physical education;
- The Ontario Physical Activity Safety Standards in Education (OPASSE) for the minimum safety requirements in physical education;
- This COVID-19 Considerations for Physical Education section for enhanced safety considerations specific to COVID-19; and
- The [\*\*Planning Safe Physical Education at Home \(Outdoor and Indoor\)\*\*](#) for enhanced safety guidelines specific to remote learning days.

The information provided in this section aligns with the directions from the Ontario Ministry of Education and Ministry of Health, Ophea's OPASSE requirements, as well as the Government of Canada's [\*\*COVID-19 Guidance for Schools Kindergarten to Grade 12\*\*](#), and the key messages from PHE Canada's [\*\*COVID-19 Pandemic Return to School Canadian Physical and Health Education Guidelines\*\*](#) and [\*\*New Health Protocols in Physical and Health Education - Ideas for Management\*\*](#).

*Please note: The content within the COVID-19 Considerations for Physical Education section is not prescriptive in nature, rather, it supports school boards and schools to consider potential risks, protective measures and risk treatment strategies associated COVID-19 and a safe start of physical education. As the situation and context for school boards and schools evolves and policies and recommendations are updated, so too will this section (This information represents Ontario's context as of September 2020).*

This section includes:

- [\*\*Safe Physical Education Programs\*\*](#)
- [\*\*Planning Strategies\*\*](#)
- [\*\*Safety Criteria Considerations\*\*](#)

- **Protective Measures**
- **Additional Resources**