

Concussion Awareness Resources

The Government of Ontario has developed Concussion Awareness Resource e-Booklets for students of different ages and abilities:

- [e-Booklet - Ages 10 and Under](#)
- [e-Booklet - Ages 11-14](#)
- [e-Booklet: Ages 15 and Up](#)
- [e-Booklet: A Guide for Students and Athletes of All Abilities](#)

School board resources may also be used, provided they are consistent with the Government of Ontario Concussion Awareness Resource e-Booklets and the Concussion Protocol.

School boards are expected to use these resources to ensure that the information students receive regarding concussions at school is consistent with the information they receive from sport organizations (Ontario Ministry of Education PPM 158, 2020).

School board policy should include strategies (e.g., letters or emails, publication in a student handbook, and/or posting on the board website) for making the approved Concussion Awareness Resources available to:

- Students
- Parents/guardians
- School and school board staff
- Volunteers
- Indigenous communities, partners, and organizations
- Organizations that use school facilities such as community sport organizations and licensed childcare providers operating in the school board's schools

- Relevant community-based organizations (as appropriate)

Interschool Athletics

School board policy must also include strategies to receive confirmation that the appropriate resources have been consulted each school year and prior to participation in school-board-sponsored interschool athletics by the following individuals:

- Students participating in interschool athletics
- Parents/guardians of students participating in interschool athletics
- Coaches
- Team trainers
- Officials participating in interschool athletics

Reference

Ontario Ministry of Education. (2020, January 31). Policy/Program Memorandum No. 158: School board policies on concussion. <https://www.ontario.ca/document/education-ontario-policy-and-program-direction/policyprogram-memorandum-158>