

Appendix N

Helmet Information

Helmet requirements, Safety Standards Associations and/or certification standards, can be found on the specific activity/sport pages under Equipment.

RECOGNIZED SAFETY STANDARD ASSOCIATIONS FOR HELMETS

The Ontario Physical Education Safety Guidelines recognizes the following safety standard associations in its guidelines:

- Canadian Standards Association (CSA)
- U.S. Consumer Product Safety Commission (CPSC)
- American Society of Testing and Materials (ASTM)
- National Operating Committee on Standards in Athletic Equipment (NOCSAE)
- Snell Memorial Foundation (Snell Standard)
- British Standards Institute (BSI)
- Standards Australia (SA)
- Common European Norm (CEN)
- Safety Equipment Institute (SEI)

ACTIVITIES FOR WHICH HELMETS HAVE BEEN DEVELOPED (FOR EXAMPLE, HOCKEY, FOOTBALL)

Helmets designed for the type of hazards encountered in the activity will provide the optimal required protection for the activity.

Select a helmet that meets the protection standards (certification) for the specific activity/sport as determined by a recognized safety standards association.

ACTIVITIES FOR WHICH HELMETS HAVE NOT BEEN DEVELOPED (FOR EXAMPLE, ICE SKATING, TOBOGGANING/SLEDDING)

The Ontario Physical Education Safety Guidelines lists on its activity pages the types of helmets that offer the best protection against ice skating/tobogganing injuries as recommended by the following safety organizations: Parachute, Canada Safety Council, and the Ontario School Board Insurance Exchange.

MULTI-PURPOSE HELMETS (FOR EXAMPLE, CYCLING, SKATEBOARDING AND IN LINE SKATING)

Some helmets are marketed as ‘multi sport’ meaning they meet the safety standard for more than one activity.

For a multi-purpose helmet to be used for an activity/sport, the helmet must have an identification of a safety standard certification (for example, sticker/identification on the package or on the helmet) from a recognized safety standards association indicating that it meets the required safety standards for those activities the helmet will be used for.

SELECT A SUITABLE HELMET FOR THE ACTIVITY

Reference the specific activity page in the Ontario Physical Education Safety Guidelines

Consult the sport governing body of the activity.

Consult a reputable provider (retailer) of the equipment for information on the most suitable helmet.

Consult Parachute at www.parachutecanada.org

CERTIFICATION STICKER LOCATION

To be sure that the helmet meets the safety standard (certification) for your

activity/sport. Most helmets that meet a standard will contain a special label that indicates compliance usually found on the liner inside of the helmet.

CANADIAN STANDARD ASSOCIATION STANDARDS

Where a Canadian Standard Association (CSA) standard becomes available for an activity helmet, the CSA approved helmet is to be the choice for use.